

CSO Championship division List

Novice=10Kup-7Kup (White/yellow/orange)

Intermed=6Kup-3Kup (Green/Blue/Purple)

Advanced= 2kup-Dan (Red/Brown/Black)

Forms

F1-Trad Forms 6 - Novice
F2-Trad Forms 6 - Intermediate
F3-Trad Forms 6 - Advanced
F4-Trad Forms 7-9 Novice
F5-Trad Forms 7-9 Intermediate
F6-Trad Forms 7-9 Advanced
F7-Trad Forms 10-13 Novice
F8-Trad Forms 10-13 Intermediate
F9-Trad Forms 10-13 Advanced
F10-Trad Forms 14-17 Novice
F12-Trad Forms 14-17 Intermediate
F13-Trad Forms 14-17 Advanced
F14-Trad Forms 18-34 Novice
F15-Trad Forms 18-34 Intermediate
F16-Trad Forms 18-34 Advanced
F17-Trad Forms 35-45 Novice
F18-Trad Forms 35-45 Intermediate
F19-Trad Forms 35-45 Advanced
F20-Trad Forms 46-52 Novice
F21-Trad Forms 46-52 Intermediate
F22-Trad Forms 46-52Advanced
F22-Trad Forms 53+ All

Weapon Forms

WF1- Weapons Forms 6 - Novice
WF2- Weapons Forms 6 - Intermediate
WF3- Weapons Forms 6 - Advanced
WF4- Weapons Forms 7-9 Novice
WF5- Weapons Forms 7-9 Intermediate
WF6- Weapons Forms 7-9 Advanced
WF7- Weapons Forms 10-13 Novice
WF8- Weapons Forms 10-13 Intermediate
WF9- Weapons Forms 10-13 Advanced
WF10- Weapons Forms 14-17 Novice
WF11- Weapons Forms 14-17 Intermed
WF12- Weapons Forms 14-17 Advanced
WF13- Weapons Forms 18-34 Novice
WF14- Weapons Forms 18-34 Intermed
WF15- Weapons Forms 18-34 Advanced
WF16- Weapons Forms 35-45 Novice
WF17- Weapons Forms 35-45 Intermed
WF18- Weapons Forms 35-45 Advanced
WF19- Weapons Forms 46-52 Novice
WF20- Weapons Forms 46-52 Intermed
WF21- Weapons Forms 46-52 Advanced
WF22- Weapons Forms 53+ All

Breaking

Wooden Boards

BW1-Breaking 6 - Novice
BW2-Breaking 6 - Intermediate
BW3-Breaking 6 - Advanced
BW4-Breaking 7-9 Novice
BW5-Breaking 7-9Intermediate
BW6-Breaking 7-9 Advanced
BW7-Breaking 10-13 Novice
BW8-Breaking 10-13 Inter
BW9-Breaking 10-13 Adv
BW10- Breaking 14-17 Novice
BW11- Breaking 14-17 Inter
BW12- Breaking 14-17 Adv
BW13- Breaking 18-34 Novice
BW14- Breaking 18-34 Inter
BW15- Breaking 18-34 Advanced
BW16-Breaking 35-45 Novice
BW17- Breaking 35-45 Inter
BW18- Breaking 35-45 Advanced
BW19-Breaking 46-52 Novice
BW20- Breaking 46-52 Inter
BW21- Breaking 46-52 Advanced
BW22- Breaking 53 + All

Breaking

Concrete Blocks

BC1-Brick Breaking 9-13 Novice
BC2-Brick Breaking 9-13 Intermed
BC3-Brick Breaking 9-13 Advanced
BC4-Brick Breaking 14-17 Novice
BC5-Brick Breaking 14-17 Inter
BC6-Brick Breaking 14-17 Adv
BC7-Brick Breaking 18-34 Novice
BC8-Brick Breaking 18-34 Inter
BC9-Brick Breaking 18-34 Adv
BC10- Brick Breaking 35-45 Novice
BC11- Brick Breaking 35-45 Inter
BC12- Brick Breaking 35-45 Adv
BC13- Brick Breaking 46-52 Novice
BC14- Brick Breaking 46-52 Inter
BC15- Brick Breaking 46-52 Adv
BC16- Brick Breaking 53+ All

Weapons Sparring

WS1-Divisions 9 – 11 Novice
WS2-Divisions 9 – 11 Intermed
WS3-Divisions 9 – 11 Advance
WS4-Divisions 12-14 Novice
WS5-Divisions 12-14 Intermed
WS6-Divisions 12-14 Advance
WS7-Divisions 15-17 Novice
WS8-Divisions 15-17 Intermed
WS9-Divisions 15-17 Advance
WS10-Divisions 18-34 Novice
WS11-Divisions 18-34 Intermediate
WS12-Divisions 18-34 Advance
WS13-Divisions 35-45 Novice
WS14-Divisions 35-45 Intermediate
WS15-Divisions 35-45 Advance
WS16-Divisions 46-52 Novice
WS17-Divisions 46-52 Intermediate
WS18-Divisions 46-52 Advance
WS19-Divisions 53+ All

Blaster Pad Sparring

BPS1-Divisions 5
BPS2-Divisions 6–8
BPS3-Divisions 9–11
BPS4-Divisions 12-14
BPS5-Divisions 15-17
BPS6-Divisions 18-34
BPS7-Divisions 35-45
BPS8-Divisions 46+

High Jump Kick

BH1-Divisions 5
BH2-Divisions 6–8
BH3-Divisions 9–11
BH4-Divisions 12-14
BH5-Divisions 15-17
BH6-Divisions 18-34
BH7-Divisions 35-45
BH8-Divisions 46+

Point Sparring

PS1-Divisions 5 – Novice
PS2-Divisions 5 – Intermed
PS3-Divisions 5 – Advance
PS4-Divisions 6–8 Novice
PS5-Divisions 6 –8 Intermed
PS6-Divisions 6- 8 Advance
PS7-Divisions 9 – 11 Novice
PS8-Divisions 9 – 11 Intermed
PS9-Divisions 9 – 11 Advance
PS10-Divisions 12-14 Novice
PS11-Divisions 12-14 Intermed
PS12-Divisions 12-14 Advance
PS13-Divisions 15-17 Novice
PS14-Divisions 15-17 Intermed
PS15-Divisions 15-17 Advance
PS16-Divisions 18-34 Novice
PS17-Divisions 18-34 Intermediate
PS18-Divisions 18-34 Advance
PS19-Divisions 35-45 Novice
PS20-Divisions 35-45 Intermediate
PS21-Divisions 35-45 Advance
PS22-Divisions 46-52 Novice
PS23-Divisions 46-52 Intermediate
PS24-Divisions 46-52 Advance
PS25-Divisions 53 + All

Olympic Sparring

OS1-Divisions 5 – M/F Novice
OS2-Divisions 5 – M/F Intermed
OS3-Divisions 5 – M/F Advance
OS4-Divisions 6– 8M/F Novice
OS5-Divisions 6 – 8M/F Intermed
OS6-Divisions 6 – 8M/F Advance
OS7-Divisions 9 – 11M/F Novice
OS8-Divisions 9 – 11M/F Intermed
OS9-Divisions 9 – 11 M/F Advance
OS10-Divisions 12-14 M/F Novice
OS11-Divisions 12-14 M/F Intermed
OS12-Divisions 12-14 M/F Advance
OS13-Divisions 15-17 M/F Novice
OS14-Divisions 15-17 M/F Intermed
OS15-Divisions 15-17 M/F Advance
OS16-Divisions 18-34 M/F Novice
OS17-Divisions 18-34 M/F Intermediate
OS18-Divisions 18-34 M/F Advance
OS19-Divisions 35-45M/F Novice
OS20-Divisions 35-45M/F Intermediate
OS21-Divisions 35-45M/F Advance
OS22-Divisions 46- 52M/F Novice
OS23-Divisions 46- 52M/F Intermediate
OS24-Divisions 46-52 M/F Advance
OS25-Divisions 53+ M/F All

Olympic Sparring (Sex And Weight To Be Divided On Tournament Day)

NOTE: DIVISIONS MAY BE COMBINED AND DIVIDED vON TOURNAMENT DAY...